D2D communication for spectral efficiency improvement and interference reduction: A survey

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ABSTRACT

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Device-to-device (D2D) communication system plays an extremely important role in fulfilling the demands of fourth generation (4G) and fifth generation (5G) technologies. 4G technology cannot meet high data demands. The D2D communication system is believed to provide major improvements in resource usage, energy efficiency, and overall throughput, which are the main demands for the 5G network. Some of the main issues in the D2D communication system involve spectrum efficiency and interference. Although many studies have been conducted on spectrum efficiency improvement and interference reduction, the issues still remain. A study should be conducted to obtain a better understanding of the D2D communication system and to develop a D2D scheme with efficient spectrum utilization and interference reduction. Many survey papers have been published on these issues, but the fundamental concepts behind the D2D communication system require investigation. In this study, we investigated and analyzed the fundamental concepts behind the D2D communication system to develop an efficient D2D resource allocation scheme with reduced interference.

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1. INTRODUCTION

Telecommunication firms are struggling to fulfil the total demand of mobile users. New mobile applications, such as proximity-aware services, are launched in the market every day, in which most of them have extremely intense data usage. Although the fourth generation (4G) cellular technologies have extremely efficient performance in physical and media access control layers, they cannot meet the data demands of mobile users and are lagging behind because of high traffic and extensive load on base stations (BSs) [1-3]. The global mobile traffic has increased by a thousand times in this decade as predicted by the Mobile Communication Enablers for the 2020 Information Society (METIS) [4, 5]. The increasing number of Internet of Things (IoT) connected devices, such as tablets, mobile phones, video sharing, social networking, and online gaming, requires huge data demands. Therefore, the upcoming generation cellular technologies should be developed to fulfil such demands. Several technologies are under development, where device-to-device (D2D) communication exhibits huge potential.

D2D communication describes the direct transmission of data packets between user equipment (UE). The conventional design of cellular communication can only manage small data rate services, although UE are in the vicinity of each other. Some challenges, such as spectral efficiency, energy efficiency,

data interference reduction, and transmission delay, occur when dealing with such scenarios because of high data rate requirements and the existence of end users exist in proximity. Many spectral utilization prototypes are proposed by researchers. However, they still induce harmful interference among nodes and cellular users (CUs). This study investigates different spectrum utilization approaches and finds a method to enhance spectrum utilization for reducing undesirable interferences that degrade the overall network performance.

In D2D communication, the spectrum can be shared between D2D and CUs using two methods, namely, inband and outband communication [4-7], where the resource sharing mechanism is implemented using underlay and overlay communication [8-10]. Resource management is controlled using controlled and autonomous approaches, which are also known as centralized and distributed control schemes [11-15] as shown in Figure 1. The rest of this paper is organized as follows. Section 2 describes the general concepts, advantages, and disadvantages of D2D communication. Section 3 discusses the literature on the basic designs of D2D communication and the structures in which a D2D system can be developed. Section 4 provides the conclusions, general comments, and recommendations on the D2D system designs proposed on the basis of the literature. Table 1 provides the list of acronyms used in this study.



Figure 1. Device-to-device communication architecture

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Acronyms	Full form
D2D	Device-to-Device
IoT	Internet of things
4G	Fourth Generation
MAC	Media Access Control
ProSe	Proximity Services
METIS	Mobile and Wireless communications Enablers for
	the Twenty-twenty Information Society
QoS	Quality of Service
5G	Fifth Generation
LTE-U	Long Term Evolution in Unlicensed spectrum
UL	Up-link
DL	Down-link
LTE-A	Long Term Evolution Advance
eNB	Evolved NodeB
HetNets	Heterogeneous Networks
UEs	User Equipments
CU	Cellular User
OFDM	Orthogonal Frequency Division Multiplexing
BS	Base Station
CSI	Channel State Information
mm-wave	Millimeter-wave

Table 1. List of acronyms

2. GENERAL CONCEPTS OF D2D COMMUNICATION SYSTEM

Although many studies have been conducted on D2D communication, some complexities are encountered in understanding the terms used in general D2D communication systems. Thus, this study first focuses on understanding each term used in D2D communication taxonomy. Table 2 summarizes the merits and disadvantages of D2D communication.

2.1. Inband communication

The literature in this category has been widely investigated and proposed the use of the cellular licensed spectrum for cellular and D2D links. Inband communication is selected to acquire high and efficient utilization for the spectrum because it enables high control on the cellular licensed spectrum [16-18]. Researchers have extensively investigated several inband communication schemes and their ability to mitigate interferences by controlling the licensed spectrum [2]. High traffic and congestion-related issues may arise when huge number of communication establishment requests and demands for data rates are received, such as public safety, video games, and content sharing [19]. Therefore, inband communication is effective in improving spectral efficiency [20] because the BS can control the entire communication system [21].

2.2. Outband communication

Unlicensed spectrum is utilized by customers during outbound communication. The fundamental advantage of this spectrum is that is free of charge [22]. This communication technique is suitable in uncrowded areas, whereas it becomes extremely challenging in high-traffic areas because of interference when the number of users increases [23]. Outband communication mainly aims to accommodate adequate data rate in local area networks, such as industries, public areas, and personal area networks [3]. This technique also aims to minimize the interference caused by D2D to CUs [24]. Unlicensed spectra are widely used in industrial, scientific, and medical communication systems that use personal area network technologies and adhoc networks. Such spectra are mostly used for short-range communication systems, such as Wi-Fi Direct and Bluetooth [25].

2.3. Underlay communication

This is the first resource sharing mechanism, in this resource sharing mechanism, the communication spectrum is shared between the cellular and D2D users, both of these users can communicate at the same time using the same radio resources [26]. D2D users and cellular users can use a single channel utilizing mixed time slots [24]. Therefore, sometimes this communication system is also known as the mixed-mode communication [16]. This system can cause interference when it is improperly managed because it allows multiple users to work together, indicating that the network supports many users utilizing the same number of resources [27]. The system spectrum efficiency is improved when the number of resources remains the same with the increase in the number of users [28], as shown in Figure 2.



Figure 2. Resource sharing mechanism (reproduced from [3])

2.4. Overlay communication

In this communication, the spectrum between D2D and CUs is separated, where a portion of the spectrum is used by D2D users, and the other portion is dedicated for CUs. In this way, a fraction of the channels is used by the former, whereas the remaining channels are utilized by the latter [29]. In other words, a single channel is shared between D2D and CUs at different time slots [30]. The initial time slots can be

given to CUs, whereas the last time slots can be given to D2D users. In this communication system, D2D users occupy the empty cellular spectrum for communication [31]. In this communication system, interference is mitigated but the spectrum efficiency is reduced because D2D users are served at the expense of CUs [32], as shown in Figure 2.

2.5. Controlled or centralized mechanism

In this mechanism, the cellular network operator controls the assignment of radio resources, indicating that the BS controls the operation of UE and is responsible for all the tasks related to device communication systems, such as resource allocation, power control, and mode selection [33]. The QoS of each D2D UE is controlled by the BS in such a way that it provides the facility for optimizing the spectrum resource usage and reducing the interference [34]. This system is simple because the BS controls the overall system and has all the information to reduce the conflicts caused by different devices, and the dynamic system is efficiently handled [35]. This control system can cause the failure of the entire communication system with the failure of a single [36].

2.6. Autonomous or distributed mechanism

In this mechanism, individual UE are responsible for the D2D communication system. Hence, the communication channel access and interference control functions are implemented at the user side [37]. The UE would require the CSI of the complete network by fetching the local information of the remaining UE [38]. This type of control system can be used without considering the nature of individual UE, thereby resulting in fast decision making and quick variation to dynamic system environments. Individual nodes are autonomous in making decisions, thereby resulting in rapid adaptation of the dynamic system is autonomous. Therefore, multiple decisions can cause the divergence of the overall joint decision [39]. This condition complicates the communication system because of the large and complex signal processing requirement at the user end. Therefore, the system should be efficiently optimized when making decisions in a dynamic system to obtain solutions with optimal efficiency [40], as shown in Figure 3.

Mechanism	Description	Advantages	Disadvantages
Inband	This mechanism is widely investigated and uses the cellular licensed spectrum for cellular and D2D links. Therefore, inband communication is used to acquire highly efficient utilization of the spectrum and high control of the licensed cellular licensed spectrum	 CUs efficiently utilize D2D underlay because of the spatial diversity CUs Clear regulation of QoS because the BS controls the licensed mobile spectrum Any CU can use in- band D2D communications because the cell interface is typically not allowed at outband frequencies Free of charge Dedicating cellular resources to the D2D spectrum is not required in underlay inband because the CU can reuse, the UL frequency compared with the overlay inband Interference can be controlled and no interplatform is required Does not require more than one interface for devices 	 The interference between the CU and D2D users is extremely difficult in underlay communication compared with overlay communication. The spectral efficiency in overlay communication is reduced because of the waste of cell resources Cannot simultaneously transmit (UL) D2D and cellular spectrum High computation complexity of scheduler resource allocation and power control optimization High cost
Outband	Unlicensed spectrum is exploited by the user. Therefore, outband D2D communication is used to mitigate the interference between D2D and cellular link.	 The unlicensed outband spectrum is used is to mitigate the interference bet ween D2D and CUs Free of charge No need to dedicate resources of CUs to D2D users (e.g., overlay) Less computational complexity to scheduler resource allocation approaches and power control optimization D2D and cellular users can Simult aneously transmit data 	 Interference cannot be controlled because the spectrum is unlicensed Only cellular devices with two radio interfaces (e.g., LTE and Wi-Fi) can use outband D2D communication Efficient power management between two wireless interfaces is crucial. Otherwise, the power consumption of the device increases Packets (headers) should be decoded and encoded be-cause the protocols used by different radio interfaces are different Uncontrolled natural interference (unlicensed spectrum)

Table 2. Comparison between the D2D mechanisms

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Fable	e 2.	Comparison	between th	ne D2D	mechanisms	(continue)	
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	2	-		DI L
Mechanism	Description	Advantages		Disadvantages
Centralized	The key node applies	Low interference between the devices	-	The entire system can fail because
/Con- trolled	bandwidth to D2D and	Efficient handling of the dynamic system		of single point failure.
	B2D connections. The	Improves the reliability and performance	_	The overload of the BS can cause
	BS uses the channel			limited
	quality indicator of all		_	Poor availability
	B2D and D2D links to		_	Lack of failure tolerance
	assign the spectrum to			
	the B2D and D2D			
	connetions using			
	centralized techniques.			
	Consequently, the BS			
	is responsible for all			
	computer and			
	management tasks			
Distributed	Individual UE are	Fast adaptation of the dynamic system	-	User equipment can make a decision
/Au-	responsible for	Can be used in the absence of coverage		on their own
tonomous	allocatingthe	Reduces the overhead of the cellular network	-	Multiple decisions may cause
	spectrum for D2D			the divergence of the overall joint
	communication.			decision
	Therefore, the UE		_	High computational complexity
	acquire the CSI of the			
	entire network by			
	exchanging their local			
	information with other			
	UE.			



Figure 3. A D2D enabled cellular network [40]

3. D2D COMMUNICATION SYSTEM DESIGNS

Algorithm structures for D2D communication system have been developed using different approaches. This study presents the general approaches that can be utilized to develop D2D prototypes. This study reviews the algorithms and approaches used for the development of D2D prototypes. A D2D algorithm can be designed using eight fundamental approaches, as shown in Figure 4. However, this study

only focuses on the inband communication system approaches, as shown in Figures 4-7. The authors in [41] a random resource allocation scheme to mitigate interference and improve the spectrum efficiency. In this method, available D2D devices can reuse any CU channel resources. The interference of UL devices can be controlled using this method without increasing the distance between the users. However, efficient utilization of available frequency bands cannot be obtained in this D2D scheme. The authors in [7, 42] presented a resource allocation scheme that divides the entire cell area into two non-overlapping regions without sectionalizing the cell.

The system throughput is improved by reusing more than one channel resources of CUs. However, the network model is not analyzed for densely allocated users. In [43], a post resource allocation scheme was introduced, where the reuse scenario of frequency is determined on the basis of the interference caused by D2D equipment. The drawback of this system is that an omnidirectional antenna was considered, thereby causing noise in the system. In [44], a Q-learning resource allocation algorithm was developed for LTE-U networks with DL and UL decoupling. The design of this algorithm is shown in Figure 4. They formulated a spectrum allocation problem on the basis of a game theoretic model to incorporate user association, spectrum allocation, and load balancing.



Figure 4. Configuration-1

The design of this algorithm is shown in Figure 5. The main advantage of this method is that the BS can allocate resources although the information about the network is limited. The authors in [10], proposed a D2D communication approach using two steps, where the resource allocation is analyzed in this first step, and the interference reduction problem is designed in the second step. However, the QoS was not analyzed. In [9], a fractional frequency reuse-based method was presented to re-utilize the subsisting cellular channel resource for reducing the traffic load on the eNB to decrease the end-to-end delay and improve the system performance and spectral efficiency. Although these objectives are achieved to some extent, cellular and D2D users still experience some interferences. The authors integrated a distance-based resource allocation system with a fractional frequency reuse mechanism to reduce the interference. The proposed design experiences less interference and exhibits better system performance than the system proposed by [41, 42]. The design of the above mentioned D2D mechanisms is based on Figure 4.

The above mentioned algorithms have some limitations, such as cannot achieve efficient utilization of available frequency bands [41]. The system in [42] do not analyze the densely allocated users, the system in [43] leads to noise and interference, and the system in [10] ignores QoS analysis. The interference between D2D and CUs is ignored in the system of [9] and has several interferences. All systems cause congestion to the BS.



Figure 5. Configuration-2

As shown in Figure 4, inband communication is applied in many D2D schemes to improve the spectrum efficiency. A resource allocation scheme based on Q-learning and configuration 2 is proposed using a single-tier network. The resource is shared between the cellular and D2D users to maximize resource throughput. This type of solution can be extremely efficient in solving the resource allocation problems in 5G networks [45]. The authors in [46] presented a Q-learning-based resource allocation scheme using a two-tier network. The configuration 2 framework aids systems in generating strategies by sharing information for selecting the resource blocks and calculating the input from activities in the context of QoS specifications. The main disadvantage of this algorithm is that the network model considers only one macro cell and only one user is connected to a single femtocell, which is impractical. In [47], an autonomous resource allocation scheme using an autonomous Q-learning algorithm was develop to improve the spectrum efficiency and control the interference in D2D-enabled multi-tier HetNets. This algorithm aims to autonomously reduce the load on the BS and the spectrum using the devices and to increase the throughput of D2D users while maintaining the QoS requirements and outage ratio of CUs.

The learning methodology is to use the interactions with the environment to adapt the dynamic network conditions. The optimality of the throughput indicates that the signal-to-noise ratio, cellular outage ratio, computation time, and spectral efficiency of this technique is better than the distance- constrained resource sharing scheme [11] that mainly focuses on selecting the CU equipment for a D2D link to share its resources. The authors formulated the resource block, channel communication, modulation, and coding scheme as one resource allocation problem using joint resource allocation and linked algorithm to obtain an effective solution [48]. Similar techniques requiring network assistance [8, 49] have been proposed in the past decade. The resource block can be automatically selected by D2D users using a network-assisted interference mitigation scheme with the same configuration [50]. The D2D systems designed based on the configuration in Figure 5 lack spectral efficiency and are impractical. The scheme proposed by [46] is impractical because it only uses one macrocell and only one user is connected to a single femtocell. The remaining systems proposed by [11, 47-49] either cause synchronization loss, unreliability, require network assistance, or increase complexity.

Millimeter waves can be integrated with the D2D technology to improve the spectrum efficiency and the performance of 5G. The author in [14] developed a system based on Figure 6 to reduce the complexity of interference avoidance in high-traffic areas. The inband resource selectively switches to overlay mode under high traffic, where the resource assigned using quadrative programming is designed and formulated to increase the system capacity using a heuristic algorithm. This system exhibits good performance under high traffic and improves the spectrum efficiency because of the selective operation mode [14]. Other researchers have presented other mechanisms where the D2D communication systems can be considered a disruptive technology for 5G. D2D communication can be centralized and distributed, that is, devices can be controlled by the BS or can be autonomously switched [12, 13, 51]. In [13] proposed a system based on configuration 3 to mitigate the interference and improve the resource efficiency through an efficient channel assignment design. This scheme is compared with the full reuse channel assignment algorithm, where every D2D equipment is used to completely share the channel resource, indicating that this scheme performs better in terms of spectrum reuse, systemblocking, and energy efficiency.



Figure 6. Configuration-3

In [52], a D2D resource allocation algorithm based on the location of vehicles and vehicle-to-vehicle broadcasting was introduced. This algorithm is based on separate locations and applies configuration 3. The results showed that this algorithm performs well in terms of resource usage, transmission accuracy, and time delay, indicating that the resource utilization efficiency is improved. Another advantage of this system is that the packet error rate is controlled to an acceptable range. However, the system has high load on equipment.

The main advantages of these systems are that they mitigate the interference and improve the spectral efficiency using mode selection. However, these systems should be improved in terms of reliability and consistency. In [4] considered a D2D scenario where D2D users can communicate bidirectionally. This communication system is designed on the basis of Figure 7. D2D users could communicate with the cellular BS and UE. In this system, the relay selection from the D2D users is considered because multiple pairs of D2D users can exist. This system is effective in improving the performance ofD2D and CUs. The relay selection is effective in increasing the sum rate of the cellular networks. The author in [53] developed a method for spectrum allocations based on configuration 4, where the D2D equipment decides about its transmission mode by measuring the activity on the D2D spectrum and using a carrier sensing threshold. In this way, the performance of D2D communication can be improved, thereby reducing the interference. The signalling is reduced between the BSs and the users because the system is autonomous. The signalling between the overhead D2D users and their home BSs is complete ly eliminated, and the high bandwidth signals of CUs are allocated to D2D. The drawback of this system is that the objective function is optimized for D2D users because the rate of CUs is only regarded as the optimization constraint.



Figure 7. Configuration-4

4. SUMMARY

A D2D communication system can be designed on the basis of some fundamental concepts, such as spectrum authorization type, spectrum allocation mechanism, and system control mechanism. Inband communication is widely used in the literature because it reduces the interference between the devices. Outbound communication is widely used in industrial applications. However, it results in many interferences caused by unlicensed authorization policies. Although the underlay spectrum mechanism increases the spectrum efficiency, the communication spectrum shared between the cellular and D2D equipment results in interference. The overlay spectrum mechanism is used in different spectrum channel slots because it reduces the interference at the expense of the spectrum efficiency. The centralized control system is simple, optimizes the spectrum resource usage, and reduces the interference. A single connection problem can cause failure of the entire system and lead to BS overload issues. In the distributed control method, communication can be established in the absence of coverage, thereby resulting in the rapid adaptation of dynamic system and decision making. However, multiple decisions can cause the divergence of the overall joint decision, thereby complicating the communication system and requiring complex signal processing at the user end.

All the mechanisms have some advantages and disadvantages. Researchers have developed mixed mode solutions, such as centralized communication system, to achieve improved flexibility where the BS can be automatically switched to a distributed system until it reaches affordable load conditions. Similarly, the underlay communication system can be switched to overlay communication system when the traffic exceeds the limit, and the system can be automatically changed to the underlying system with the reduction in traffic. D2D communication systems should be improved.

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